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## 2006-2007 Childcare Exclusion List

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### Official List of Conditions Requiring Exclusion from Out-of-Home Childcare Settings for 2006-2007, with Guidance Section Statutory authority: SC Code Sections 20-7-2980, 44-1-110, 44-1-140, and 44-29-10

SC Regulation #61-20 requires that SC DHEC publish each year an Official School and Childcare Exclusion List of Contagious and Communicable Diseases (hereinafter referred to as the Childcare Exclusion List or the School Exclusion List.) It further requires that school children, and children/employees in out-of-home childcare settings should be excluded from attendance if they have one or more of the conditions in the lists. Schools and childcare facilities should maintain a record of children or employees known to have been excluded under this regulation.

**Parent Notification.** The school or childcare facility should give the list of conditions that require exclusion from out-of-home childcare to childcare employees and to all parents/guardians. Distribution of a summary of the Exclusion List, such as the Parent Brochures developed by the Division of Acute Disease Epidemiology, satisfies this requirement. School and Childcare Providers must inform staff and parents/guardians that they must notify the school or facility within 24 hours after the employee or child has developed a known or suspected communicable disease. Children and employees may return to the school or childcare facility as soon as the symptoms are resolved, unless stated otherwise in the exclusion list or by their health care provider.

**Reporting to Health Department.** Per SC Statute 44-29-10, "any person or entity that maintains a database containing health care data must report [to SC DHEC] all cases of persons who harbor any illness or health condition that may be caused by ... epidemic or pandemic disease, or novel and highly fatal infectious agents and might pose a substantial risk of a significant number of human fatalities or incidents of permanent or long-term disability." These conditions, indicated on the SC 2006 List of Reportable Conditions as Immediately or Urgently Reportable, must be reported to the local health department. Childcare Facilities' and Schools' reporting of Routinely Reportable conditions greatly facilitates local and state disease control efforts. Facilities should consult with SC DHEC regarding outbreaks or clusters of symptoms related to communicable diseases.

**The 2006-2007 Childcare Exclusion List is effective July 1, 2006.**

| Guidance for Implementing the 2006-2007 Childcare Exclusion List   |
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| <ul style="list-style-type: none"><li><b>Use in Childcare Settings.</b> The Childcare Exclusion List indicates when children and employees with conditions that may be spread to others should not attend an out-of-home childcare setting. An out-of-home childcare setting is any place where more than one child is cared for outside of the child's home. The exclusions on this list are based on the close child/child and staff/child contact within childcare settings and on the immaturity of children's immune systems.</li></ul> <p>(Continued on next page)</p> |

### Guidance for Implementing the 2006-2007 Childcare Exclusion List

- **Use in Schools.** The Childcare Exclusion List is used for students in grades K3, K4, and K5, as well as students in grades 1-12 who are designated as being medically fragile.<sup>1</sup> These children may be more susceptible to infections and often require care that involves close staff contact. There is a separate School Exclusion List for students in grades 1-12 who are not medically fragile.<sup>1</sup>
- **Mixed age groupings.** When students are taught or routinely spend time in mixed age groups, the standards for the youngest children in the group apply.
- **Notes / Documentation for Return.** The type of note needed for a student or employee to return to the childcare setting is indicated in the tables that follow. Physicians, nurse practitioners, physician's assistants or SC DHEC licensed health care professional staff may write medical notes for return to the school or childcare setting following an excludable condition. These notes should be kept on file at the school or childcare facility for at least one calendar year.
- **Period of Exclusion.** If a child or employee does not respond to treatment for an excludable condition, the health care provider or health department may suggest longer periods of exclusion.
- **Other Diseases.** These lists address common exposures to communicable disease. SC DHEC staff are available for consultation on exposure risks such as sports, immunocompromised status, etc.
- **Food-handling.** SC DHEC staff are available for consultation on excluding employees with symptoms or diagnoses of conditions that could be spread through feeding or other food-handling tasks.
- **Outbreaks.** During disease outbreaks or special circumstances, SC DHEC may change the recommendations in the Childcare Exclusion List and/or the School Exclusion List.

<sup>1</sup> For the purposes of school exclusion, the term "medically fragile" refers to those school students with special healthcare needs and/or developmental delays who require close assistance with feeding or other personal hygiene activities by which communicable illnesses may be easily spread.

**Children in out-of-home childcare settings, children in K3, K4 and K5, and medically fragile students in grades 1-12 with the following conditions must be excluded from attendance:**

| Exclusion Criteria  | Documentation for Return                          | Reportable to Health Department? <sup>2</sup> |
|---|---|---|
| 1. Illness that prevents the child from participating comfortably in program activities.  | School or facility to specify based on situation. | Report Outbreaks only <sup>3</sup>            |
| 2. Illness that results in a greater need for care than the staff can provide without compromising the health and safety of other children.   | School or facility to specify based on situation. | Report Outbreaks only <sup>3</sup>            |
| 3. The child with symptoms or other manifestations of possible severe illness which may include (but are not limited to):<br>a. Fever (see #4 below)<br>b. Unusual Lethargy (an unusual tiredness or lack of energy)<br>c. Irritability<br>d. Persistent crying<br>e. Difficulty breathing  | School or facility to specify based on situation. | Report Outbreaks only <sup>3</sup>            |
| 4. Fever, accompanied by behavior changes or other signs and symptoms of illness (such as sore throat, rash, vomiting, diarrhea, earache, irritability, or confusion) until medical evaluation indicates inclusion is acceptable. Fever is defined as:<br>a. Infants <b>4 months of age and younger</b> (even if there has not been a change in child's behavior):<br>• Rectal temperature: 101.0 ° F or greater<br>• Axillary (under the arm) temperature: 100.0 ° F or greater<br>b. Children <b>older than 4 months of age</b> :<br>• Rectal temperature: 102.0 ° F or greater<br>• Axillary (under the arm) temperature: 100.0 ° F or greater<br>• Oral temperature: 101.0 ° F or greater | School or facility to specify based on situation. | Report Outbreaks only <sup>3</sup>            |
| 5. Mouth sores associated with drooling, unless the child's health care provider states that the child is noninfectious.  | Medical Note                                      | Report Outbreaks only <sup>3</sup>            |
| 6. Streptococcal pharyngitis (strep throat), until afebrile and at least 24 hours after treatment has been initiated.   | Medical Note                                      | Report Outbreaks only <sup>3</sup>            |
| 7. Vomiting (2 or more times during the previous 24 hours), unless the vomiting is determined to be caused by a non-communicable condition and the child is not in danger of dehydration.   | School or facility to specify based on situation. | Report Outbreaks only <sup>3</sup>            |

<sup>2</sup> The requirement to report indicated Immediately Reportable or Urgently Reportable (within 24 hours) conditions applies to physicians, laboratories, health facilities, and "any person or entity that maintains a database containing health care data." Schools' and Childcare Providers' reporting of Routinely Reportable conditions greatly facilitates local and state disease control efforts. Disease reporting requirements are found in the SC DHEC Bureau of Disease Control's "SC 2006 List of Reportable Conditions" ([www.scdhec.gov/health/disease/docs/reportable\\_conditions.pdf](http://www.scdhec.gov/health/disease/docs/reportable_conditions.pdf)).

<sup>3</sup> Report outbreaks of diseases or symptoms that would not be reportable as single cases. An "Outbreak" is defined as an excess number of cases or symptoms over the expected occurrence of disease within a school or classroom or group.

**Children in out-of-home childcare settings, children in K3, K4 and K5, and medically fragile students in grades 1-12 with the following conditions must be excluded from attendance:**

| Exclusion Criteria  | Documentation for Return   | Reportable to Health Department? <sup>2</sup>                                |
|---|--|--|
| 8. Diarrhea (3 or more loose stools in a 24 hour period), until symptoms are resolved or medical evaluation indicates that inclusion is acceptable.   | School or facility to specify based on situation.                    | Report Outbreaks only <sup>3</sup>   |
| 9. Stools that contain blood or mucus.  | Medical Note   | Report Outbreaks only <sup>3</sup>   |
| 10. Infection with <i>Escherichia coli</i> O157:H7, or other shiga-toxin producing <i>E. coli</i> , until diarrhea resolves and 2 stool cultures are negative.  | Medical Note   | Report within 24 hours by phone.   |
| 11. Shigella infection, until diarrhea is resolved and either a) completion of full 5 days of treatment with an antibiotic that has shown to be active against the organism by antibiotic resistance testing, or b) if a course of antibiotics is not given, 2 negative stool cultures taken 24 hours apart.  | Medical Note   | Report within 7 days   |
| 12. <i>Salmonella typhi</i> (typhoid fever) infection <ul style="list-style-type: none"> <li>Children under 5 years of age: Exclude until treatment is completed and three stool cultures are negative at least 48 hours after completion of drug treatment.</li> <li>Children 5 years of age and older: Exclude until 24 hours without a diarrheal stool.</li> </ul> <p>Nontyphoidal <i>Salmonella</i> infections do not require exclusion from school or out-of-home childcare unless individuals are symptomatic.</p>  | Medical Note for Typhoid<br><br>Parent Note for Non-typhoidal        | Report within 7 days<br><br>Report within 7 days                             |
| 13. <i>Giardia</i> infection, until symptoms are resolved.  | School or facility to specify based on situation.                    | Report within 7 days.  |
| 14. Scabies, until after appropriate scabicial treatment has been applied.  | Medical Note   | Not reportable   |
| 15. Head lice (pediculosis), until after the first treatment with an appropriate pediculicide or other effective lice removal product. <sup>4</sup>   | Parent Note  | Not reportable   |
| 16. Ringworm ( <i>Tinea capitis</i> or <i>Tinea corporis</i> )<br>Exclude students with <i>Tinea capitis</i> (ringworm of the scalp) until oral antifungal treatment is initiated. Topical treatments such as selenium sulfide shampoo (1% or 2.5%) decrease fungal shedding and may be recommended to help curb the spread of infection.<br><br>Exclude students with <i>Tinea corporis</i> (ringworm of the body) until oral or topical antifungal treatment is initiated, unless affected area can be adequately covered. Additional restrictions may be recommended for PE & sports activities. | Medical Note for scalp ringworm<br><br>Parent Note for body ringworm | Report Outbreaks only <sup>3</sup><br><br>Report Outbreaks only <sup>3</sup> |

<sup>4</sup> Schools, Local Education Agencies or Facilities opting for more stringent "No Nit" Policies should clearly explain these policies to families when distributing materials on Childcare Exclusion.

**Children in out-of-home childcare settings, children in K3, K4 and K5, and medically fragile students in grades 1-12 with the following conditions must be excluded from attendance:**

| <b>Exclusion Criteria</b>   | <b>Documentation for Return</b>                   | <b>Reportable to Health Department? <sup>2</sup></b>         |
|---|---|--|
| 17. Impetigo, until 24 hours after treatment has been initiated.  | School or facility to specify based on situation. | Report Outbreaks only <sup>3</sup>                           |
| 18. Purulent conjunctivitis (defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye), until evaluated and treated.<br><u>Non-purulent conjunctivitis</u> (defined as pink conjunctiva with a clear, water eye discharge without fever, eye pain or eyelid redness) <u>does not require exclusion from school or childcare.</u> | Medical Note                                      | Report Outbreaks only <sup>3</sup>                           |
| 19. Rash with fever or behavioral change, until a physician has determined the illness is not a communicable disease.   | Medical Note                                      | Report Outbreaks only <sup>3</sup>                           |
| 20. Measles, until 4 days after onset of rash.  | Medical Note                                      | <b>REPORT IMMEDIATELY by phone</b>                           |
| 21. Mumps, until 9 days after onset of parotid gland swelling.  | Medical Note                                      | Report within 7 days   |
| 22. Rubella, until 7 days after onset of rash.<br><u>Congenital Rubella:</u> Exclude until 1 year of age unless nasopharyngeal and urine cultures after 3 months of age are repeatedly negative for rubella virus.  | Medical Note                                      | Within 24 hours by phone                                     |
| 23. Varicella (chickenpox), until all lesions have dried and crusted (usually 6 days after onset of rash).  | Parent Note                                       | Report within 7 days   |
| 24. Varicella-Herpes Zoster (shingles) with lesions that cannot be covered, until lesions are crusted.  | Parent Note                                       | Report Outbreaks only <sup>3</sup>                           |
| 25. Pertussis (whooping cough), until completion of 5 days of appropriate antibiotic therapy.   | Medical Note                                      | Within 24 hours by phone                                     |
| 26. Hepatitis A virus (HAV) infection, until 1 week after onset of illness or jaundice (if symptoms are mild).  | Medical Note                                      | Within 24 hours by phone                                     |
| 27. Tuberculosis, until the local health department authority or <u>treating</u> physician states that the child is noninfectious.  | Medical Note                                      | Report within 7 days   |
| 28. Conditions or illnesses that a DHEC or a health care provider indicates warrant exclusion. This includes children determined to be contributing to the transmission of illness in the school or facility.   | Medical Note                                      | DHEC Staff are available for consultation on this exclusion. |

**Exclusion Criteria for Children in Out-of-Home Childcare Settings who are contacts (exposed) to individuals with excludable conditions:**

| Exclusion Criteria for Exposure   | Documentation for Return   |
|---|--|
| 1. <b>When recommended by the health department</b> , contacts to <i>Haemophilus influenzae</i> type b (Hib), <i>Neisseria meningitidis</i> (meningococcal disease) or Pertussis should be excluded until antibiotic treatment has been initiated.  | Medical Note   |
| 2. Exposure to other conditions when recommended by DHEC or the private physician.  | SC DHEC will specify based upon situation.   |
| 3. <b>Non-immunized children</b> must be excluded if exposed to: <ul style="list-style-type: none"> <li>Measles</li> <li>Mumps</li> <li>Rubella</li> <li>Pertussis (whooping cough) for children under seven years of age.</li> <li>Other conditions when recommended by DHEC.</li> </ul> | SC DHEC will provide guidance on an individual basis regarding the return of an immunocompromised or insufficiently immunized child to the school or out-of-home childcare setting following an exposure to one of these conditions. |

**Children with the following conditions do not need to be excluded from childcare:**

- Mild upper respiratory tract infection, even if it is associated with green or yellow nasal discharge, as long as the child does not have a fever or any of the other excludable symptoms described above
- Fifth Disease (Parvovirus B19 infection). Individuals are no longer contagious once the rash appears, and they cannot be diagnosed with Fifth Disease before the rash appears
- Red eyes without yellow or green discharge, fever, eye pain or matting
- Cytomegalovirus (CMV) infection
- Rash without fever
- Warts
- Croup
- Bronchitis
- Pinworms
- Pneumonia
- Ear infection

**References:**

American Public Health Association, American Academy of Pediatrics, Caring For Our Children, National Health and Safety Standards: Guidelines for Out-of-Home Childcare Programs, 2<sup>nd</sup> Edition, Chapter 3, HP 68, 2002, US Department of Health and Human Services. <http://nrc.uchsc.edu/>

American Academy of Pediatrics, Red Book 2003, Elk Grove Village, IL

American Academy of Pediatrics, Pennsylvania Chapter, Model Childcare Health Policies, 3<sup>rd</sup> Edition, 1997, Healthy Childcare Pennsylvania, Rosemont, PA

American Academy of Pediatrics, Barton Schmitt, MD, Pediatric Telephone Protocols, Office Version, 9<sup>th</sup> Edition.

Centers for Disease Control and Prevention, The ABCs of Safe and Health Childcare, [www.cdc.gov/ncidod/hip/abc/abc.htm](http://www.cdc.gov/ncidod/hip/abc/abc.htm). (The ABC's were posted in 1997, and then removed from CDC website in 2003. This site's content was used to develop these exclusion lists.)

SC Department of Social Services, Division of Child Day Care Licensing and Regulatory Services. 2004 Revisions to Regulations 114-500 through 114-509.

**EMPLOYEES in out-of-home childcare settings with the following conditions must be excluded from attendance:**

| Exclusion Criteria  | Documentation for Return  | Reportable to Health Department? <sup>5</sup>    |
|---|---|--|
| 1. Fever of 101.0 ° F or greater.   | Personal Note from Employee   | Report Outbreaks only <sup>6</sup>               |
| 2. Streptococcal pharyngitis (strep throat), until 24 hours after treatment has been initiated.   | Medical Note  | Report Outbreaks only <sup>6</sup>               |
| 3. Vomiting (2 or more times during the previous 24 hours), unless the vomiting is determined to be caused by a non-communicable condition.   | Personal Note from Employee   | Report Outbreaks only <sup>6</sup>               |
| 4. Diarrheal illness (three or more episodes of diarrhea during the previous 24-hour period), until diarrhea has resolved unless employee is known to have these symptoms for a non-infectious condition (e.g., IBS or Crohn's Disease.)  | Personal Note from Employee   | Report Outbreaks only <sup>6</sup>               |
| 5. Infection with <i>Escherichia coli</i> O157:H7, or other <i>shiga</i> -toxin producing <i>E. coli</i> , until diarrhea resolves and 2 stool cultures are negative.   | Medical Note  | Within 24 hours by phone                         |
| 6. <i>Shigella</i> infection, until asymptomatic.   | Medical Note  | Report within 7 days                             |
| 7. <i>Salmonella typhi</i> (typhoid fever) infection, until 24 hours without a diarrheal stool.<br><br>Nontyphoidal <i>Salmonella</i> infections do not require exclusion from working in the out-of-home childcare setting unless individuals are symptomatic.   | Medical Note for Typhoid<br><br>Personal Note from Employee for Non-typhoidal | Report within 7 days<br><br>Report within 7 days |
| 8. <i>Giardia</i> infection, until symptoms are resolved.   | Personal Note from Employee   | Report within 7 days.                            |
| 9. Scabies, until after appropriate scabicial treatment has been given/applied.   | Medical Note  | Not reportable                                   |
| 10. Head lice (pediculosis), until after the first treatment with an appropriate pediculicide or other effective lice removal product.  | Personal Note from Employee   | Not reportable                                   |
| 11. Ringworm ( <i>Tinea capitis</i> )<br><br>Exclude employees with <i>Tinea capitis</i> (ringworm of the scalp) until oral antifungal treatment is initiated. Topical treatments such as selenium sulfide shampoo (1% or 2.5%) decrease fungal shedding and may be recommended to help curb the spread of infection. | Medical Note  | Not reportable                                   |

<sup>5</sup> The requirement to report indicated Immediately Reportable or Urgently Reportable (within 24 hours) conditions applies to physicians, laboratories, health facilities, and "any person or entity that maintains a database containing health care data." Schools' and Childcare Providers' reporting of Routinely Reportable conditions greatly facilitates local and state disease control efforts. Disease reporting requirements are found in the SC DHEC Bureau of Disease Control's "SC 2006 List of Reportable Conditions" ([www.scdhec.gov/health/disease/docs/reportable\\_conditions.pdf](http://www.scdhec.gov/health/disease/docs/reportable_conditions.pdf)).

<sup>6</sup> Report outbreaks of diseases or symptoms that would not be reportable as single cases. An "Outbreak" is defined as an excess number of cases or symptoms over the expected occurrence of disease within a school or classroom or group.

**EMPLOYEES in out-of-home childcare settings with the following conditions must be excluded from attendance:**

| Exclusion Criteria   | Documentation for Return    | Reportable to Health Department? <sup>5</sup>                |
|--|-----------------------------|--|
| 12. Ringworm ( <i>Tinea corporis</i> )<br>Exclude employees with <i>Tinea corporis</i> (ringworm of the body) until oral or topical antifungal treatment is initiated, unless affected area can be adequately covered.   | Personal Note from Employee | Not reportable   |
| 13. Purulent conjunctivitis (defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye), until after the first treatment.<br><u>Non-purulent conjunctivitis</u> (defined as pink conjunctiva with a clear, water eye discharge without fever, eye pain or eyelid redness) <u>does not require exclusion from working in childcare.</u> | Medical Note                | Report Outbreaks only <sup>6</sup>                           |
| 14. Rash with fever or joint pain, until a communicable disease such as measles or rubella has been ruled out.   | Medical Note                | Report Outbreaks only <sup>6</sup>                           |
| 15. Measles, until 4 days after onset of rash.   | Medical Note                | <b>REPORT IMMEDIATELY by phone</b>                           |
| 16. Mumps, until 9 days after onset of parotid gland swelling.   | Medical Note                | Report within 7 days   |
| 17. Rubella, until 7 days after onset of rash.   | Medical Note                | Within 24 hours by phone                                     |
| 18. Varicella (chickenpox), until all lesions have dried and crusted (usually 6 days).   | Personal Note from Employee | Report within 7 days   |
| 19. Varicella-Herpes Zoster (shingles), with lesions that cannot be covered, until lesions are crusted.  | Personal Note from Employee | Report Outbreaks only <sup>6</sup>                           |
| 20. Pertussis (whooping cough), until completion of 5 days of appropriate antibiotic therapy.  | Medical Note                | Within 24 hours by phone                                     |
| 21. Hepatitis A virus (HAV) infection, until 1 week after onset of illness or jaundice or as directed by the health department.  | Medical Note                | Within 24 hours by phone                                     |
| 22. Tuberculosis, until the <u>treating</u> physician or local health department states that the employee is noninfectious.  | Medical Note                | Report within 7 days   |
| 23. Conditions or illnesses that DHEC or a health care provider indicates warrant exclusion. This includes employees determined to be contributing to the transmission of illness within the facility.   | Medical note                | DHEC Staff are available for consultation on this exclusion. |



**Exclusion Criteria for Employees in Out-of-Home Childcare Settings who are contacts (exposed) to individuals with excludable conditions:**

| Exclusion Criteria  | Documentation for Return  |
|---|---|
| 1. <b>When recommended by the health department</b> , contacts to <i>Haemophilus influenzae</i> type b (Hib), <i>Neisseria meningitidis</i> (meningococcal disease), or pertussis should be excluded until antibiotic treatment has been initiated. | Medical Note  |
| 2. Other conditions when recommended by DHEC or the private physician.  | SC DHEC will specify based upon situation.  |
| 3. <b>Non-immunized Staff</b> must be excluded if exposed to: <ul style="list-style-type: none"> <li>• Measles</li> <li>• Rubella</li> <li>• Mumps</li> <li>• Other conditions when recommended by DHEC</li> </ul>                                  | SC DHEC will provide guidance on an individual basis regarding the return of an immunocompromised or insufficiently immunized employee to the out-of-home childcare setting following an exposure to one of these conditions. |

**Employees with the following conditions do not need to be excluded from working in the out-of-home childcare setting:<sup>7</sup>**

- Mild upper respiratory tract infection, even if it is associated with green or yellow nasal discharge, as long as the employee does not have a fever or any of the other excludable symptoms described above
- Fifth Disease (Parvovirus B19 infection). Individuals are no longer contagious once the rash appears, and they cannot be diagnosed with Fifth Disease before the rash appears
- Red eyes without yellow or green discharge, fever, eye pain or matting
- Cytomegalovirus (CMV) infection
- Bronchitis
- Warts
- Ear infection
- Pneumonia
- Rash without fever

**References:**

American Public Health Association, American Academy of Pediatrics, Caring For Our Children, National Health and Safety Standards: Guidelines for Out-of-Home Childcare Programs, 2<sup>nd</sup> Edition, Chapter 3, HP 68, 2002, US Department of Health and Human Services. <http://nrc.uchsc.edu/>

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American Academy of Pediatrics, Barton Schmitt, MD, Pediatric Telephone Protocols, Office Version, 9<sup>th</sup> Edition.

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SC Department of Social Services, Division of Child Day Care Licensing and Regulatory Services. 2004 Revisions to Regulations 114-500 through 114-509.

<sup>7</sup> SC DHEC staff are available for consultation on excluding employees with symptoms or diagnoses of conditions that could be spread through feeding or other food-handling tasks.